Education

**University of Georgia***,* Athens, GA May 2012

Masters of Social Work, LCSW

**Georgia College & State University,** Milledgeville, Georgia May 2010 B.S. in Psychology

Career-Related Experience/Internships

**University of Georgia Student Care and Outreach (SCO)** (Community of Care Coordinator) June 2020- Present

* Develop and maintain relationships with campus and community partners to assist with implementing well-being initiatives
* Collaborate with students and campus partners to develop programs and resources to support unique needs of specific student populations
* Provide campus and community educational outreach with the goal of increasing awareness of well-being needs of students and available resources, including Student Care and Outreach support
* Supervise one full-time professional staff member
* Support and assist students at the University of Georgia

**University of Georgia Counseling and Psychiatric Services (CAPS)** (Lead Behavioral Health Care Manager) Aug 2020- Present

* Provide administrative oversight of Behavioral Health Care Managers and Integrated Behavioral Health Care Program
* Collaborate with supervisor in policy development, review, revision related to Integrated Behavioral Health
* Offer support and guidance to other BHCMs
* Engage in collaboration with UHC departments re: BHCM role development in response to department needs
* Continue to complete duties of Behavioral Health Care Manager described below

**University of Georgia Counseling and Psychiatric Services (CAPS)** (MSW Practicum Coordinator) Jan 2020- Present

* Offer administrative oversight and supervision of MSW practicum students (along with CAPS Associate Director for Training)
* Manage administrative needs of CAPS Masters of Social Work training program
* Act as liaison to MSW academic department and ensure departmental requirements are met by trainees
* Offer support in MSW training manual and policy development, review, revision
* Actively participate as member of CAPS Training Committee
* Develop schedule and plan for trainees practicum year with input of training committee
* Assist with development of APA Psychology Internship program
* Assist with other training programs within CAPS including Psychology Postdoctoral Fellowship, Advanced Standing Practicum, Mental Health Counseling Practicum

**University of Georgia Counseling and Psychiatric Services (CAPS)** (Behavioral Health Care Manager) Oct 2018-July 2020

* Assisted with implementation of Collaborative Care Program at the University Health Center through policy/procedure development, training and education and other processes as appropriate
* Provide brief clinical services such as assessment, triage, counseling, referral coordination and care management services to patients in the primary care setting
* Engage in consultation with primary care providers, psychiatric consultant, and other care team members such as therapist, health coach, etc.
* Act as liaison between primary care setting and CAPS
* Liaise with campus/community agencies/providers to obtain records and maintain continuity of care
* Provide outreach on a range of topics to various size groups and campus organizations
* Engage in consultation, treatment teams, and other duties necessary to maintain CAPS functioning
* Maintain licensure through training and continuing education to provide quality services

**University of Georgia Counseling and Psychiatric Services (CAPS)** (Case Manager) April 2015-Oct 2018

* Provide clinical services such as assessment, triage and, individual and group counseling services with clinical focus areas of Grief/Loss, Anxiety, Trauma, Relationship/Family Concerns, etc
* Provide outreach on a range of topics to various size groups and campus organizations
* Participate in CAPS Crisis Response Team by responding to various crises that occur on campus, most often related to the death of a UGA community member
* Develop/Maintain relationships with campus/community agencies/providers
* Liaise with campus/community agencies/providers to obtain records and maintain continuity of care
* Provide students with assistance accessing appropriate referrals through advocacy, support and appropriate tracking and follow up
* Provide training and consultation to staff re: offering case management and referral services to students
* Assist with and manage crisis assessment and facilitating psychiatric hospitalization
* Participate in Behavioral Assessment and Response Council to offer consultation, education and support re: questions pertaining to students in need of accessing care or support services
* Oversee and assign day-to-day tasks and responsibilities of MSW concentration practicum students
* Engage in consultation, treatment teams, and other duties necessary to maintain CAPS functioning
* Maintain licensure through training and continuing education to provide quality services

**University of Georgia Counseling and Psychiatric Services (CAPS)** (Therapist) Sep 2013-April 2015

* Provided individual, couples, group counseling to students including triage and crisis services with clinical focus areas of Grief/Loss, Anxiety, Trauma, Relationship/Family Concerns, etc
* Completed comprehensive assessment to determine differential diagnosis and develop treatment plans
* Engaged in consultation, treatment teams, and other duties necessary to maintain CAPS functioning
* Maintained licensure through training and continuing education to provide quality services to students

**Advantage Behavioral Health Systems** (Assertive Community Treatment Team, Housing lead) Nov 2013- April 2015

* Identified housing programs, completed applications for funding and secured housing for clients in need
* Completed comprehensive assessments and developed treatment plans with clients and treatment teams
* Completed crisis assessment and facilitated hospitalization as needed
* Provided case management needs related to budget, facilitating medical and psychiatric appts, etc

**Advantage Behavioral Health** **Systems** (Piedmont Circuit Treatment Court Case Manager/Counselor) May 2012- Nov 2013

* Provided case management to mental health and drug court participants
* Presented cases in weekly interdisciplinary team meeting and gave recommendations
* Presented to Advisory Board consisting of local community partners re: court certification and needs
* Oversaw and assigned day-to-day tasks and responsibilities of MSW concentration practicum students
* Facilitated mental health and substance abuse groups using DBT, Seeking Safety, Cognitive Behavioral Interventions for Substance Abuse models, and general psycho-education
* Completed clinical evaluations in jail and community setting
* Revised court policies and procedures, completed necessary court documents and filing with court clerk

**Advantage Behavioral Health Systems** (Intern-Treatment Court and Intake and Emergency Services) Aug 2011- May 2012

* Completed court duties and crisis assessments as listed above
* Completed intakes including treatment plan, assessed for crisis, facilitated hospitalization as needed

**The Alcove Inc. Shelter** (Intern) Jan-April 2011

* Facilitated Life Skills Training Program in local schools and after school program
* Provided therapy and case management with adolescent residents
* Completed intakes and discharge planning
* Created and implemented policies and procedures to streamline operations of the shelter

**Mental Health Unit, Baldwin State Prison** (Intern) Aug-Dec 2009

* Shadowed counselors in individual and group therapy
* Aided in preparation of audit
* Observed daily rounds and MH crises placements

Professional Affiliations

Higher Education Case Manager Association March 2016-Present

**President** June 2022-Present

**Clinical Case Manager at Large** June 2018 –June 2021 – Responsibilities of position included being actively participating member of HECMA Leadership Team by attending monthly meetings and bi-annual retreats, Leading Clinical CM committee which focused on identifying and meeting needs of Clinical CM members of HECMA, Reviewing and approving budget created by Finance Chair, Participating in bylaws review and update, Supporting the successful planning and hosting of the Annual Conference and general support of the HECMA organization as needed

Presentations

*Non-Clinical and Clinical Case Management: A Collaborative Practice,* **Higher Education Case Management Association 2021 Annual Conference**

*Building a Team of Support: Coordinating Collaborative Care for Students with Borderline Personality Disorder,* **Higher Education Case Management Association 2017 Roundtable**

*Shifting Culture through Collaborative Case Management,* **Higher Education Case Management Association 2016 Roundtable**

*Utilizing Public and Private Responses to Distinguish between Normative and Informational Influence,* **GCSU Student Research Conference, 2010**

Certifications and Continuing Education Training

**QPR Trainer** – 1 hour training provided to individuals to complete basic risk assessment May 2016

**Dialectical Behavior Therapy** – Group Therapy Module, Training completed by Iain Halstead Feb-Mar 2013

Additional Work Experience

**Morale, Welfare, and Recreation Fleet & Family Readiness**, Pearl Harbor, HI May-Aug 2011

Child and Youth Program Assistant- developed schedules and activity plans; supervised youth ages 5-13 in small and large group setting on field trips to various island locations and at Boys and Girls Club

**GCSU Alumni Association**, Milledgeville, GA Aug-Dec 2007

Phone-a-thon Caller- called alumni and parents of current students requesting donations

**Air Force Special Investigations Academy**, Brunswick GA Summer 2004 & 2005

Summer Hire- prepared for graduations, clerical work, participated in trainings, responsible for upkeep of supplies and training materials