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Student Affairs and Campus Life

Administration and Services

Assisting Students at Risk

Behaviors of Concern

Assisting Students at Risk

Behaviors of Concern

BEHAVIORS OF CONCERN

How does one determine the difference between "normal" college-age behavior and behavior requiring intervention?

College years are a time when many students experiment with new behaviors and voice feelings and thoughts that have, until now, been hidden or private. So change, sometimes, is the norm. However, the stresses of academic and social life during college years, can lead to behaviors that indicate more serious problems.

Signs that a student may be in trouble include observable behaviors such as:

- threatening self or others
- increased irritability or aggressive behavior
- alcohol or drug use that interferes with functioning or jeopardizes relationships or performance
- visible distress
- decline in personal hygiene
- inappropriate classroom behavior
- bizarre behavior, seemingly out of touch with reality
- argumentative behavior that is disproportionate to the situation
- significant changes in mood or daily functioning
- isolation
- bullying or being bullied

With the exception of harm to self or others, a single behavior (such as sadness or occasional withdrawal from others) may not indicate a problem, but a consistent pattern of behaviors or continued decline in functioning may warrant exploration either with the student or through consultation with a colleague. Don't be afraid to consult with someone about your concerns.

When you notice significant changes or behaviors that cause you concern, *if it is appropriate and reasonable*,

- share your concern with the student directly
- discuss your concerns with a peer or colleague (you can do so and maintain the student's privacy, if you wish), and/or
 - IF you are a faculty member*, report your concerns to your Dean's office
 - IF you are a staff member*, report your concerns to the Office of the Vice-President of Student Affairs and Campus Life.
- EACH path will lead to consideration which may lead to intervention with student.

Administration and Services

Assisting Students at Risk

Assisting Students at Risk (ASR): Frequently Asked Questions

Responding to Emergencies or Threats to Safety

Behaviors of Concern

How Do I Report a Concern?

Identifying and Responding to Students in Distress

Responding to Specific Behaviors - Students Who Are Aggressive or Potentially Violent

Responding to Specific Behaviors - Students With Anxiety

Responding to Specific Behaviors - Students Who Are Demanding

Responding to Specific Behaviors - Students With Depression

Responding to Specific Behaviors - Students Who Have Disordered Eating

Responding to Specific Behaviors - Students Who Are Severely Disoriented or Psychotic

Responding to Specific Behaviors - When You Suspect Substance Abuse

Responding to Specific Behaviors - Students Who May Be Suicidal

Resources for Assisting Students - Both On and Off Campus

Referring a Student for Professional Help

Pathways Training

Campus Life Awards

Collaboration with Academic Affairs

Commencement

http://www.ithaca.edu/sacl/services/assist/behaviors/[7/30/2012 4:29:41 PM]

Crisis Management
Digital Citizenship
Eliminate Bias: Create a Community of Respect
Emergency Notification System
Family Weekend
FERPA (Family Educational Rights and Privacy Act)
Leave of Absence and Withdrawal Processes
Student Handbook
Veterans' Services
Voter Registration and Education
9/11 Ten Year Commemoration
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