



974-HELP

VOLS HELP VOLS

Outside the classroom are challenges which can sometimes be overwhelming.

If you know someone who needs help, needs to talk to someone, or is acting in a way that makes you concerned for them or others

Call 865-974-HELP (4357)

No one expects you to have the answers... only to help connect to the people who do.

**WE ARE ALL VOLUNTEERS.
WE LOOK OUT FOR EACH OTHER.**